

# THE PARENT PERSPECTIVE PODCAST EPISODE 1: EXPLORING YOUR OPTIONS

## 3 WAYS TO USE THE PARENT PERSPECTIVE PODCAST

"The Parent Perspective" is an exciting podcast series for parents and carers, helping you to support your children with careers advice and guidance. Series 2 is bigger and better than ever, led by our brilliant new host, Rachel Burden! For the full range of podcast episodes and resources, please visit: <https://amazingapprenticeships.com/the-parent-perspective-podcast>

Discuss hobbies and interests that could lead to career ideas.

Don't just focus on what they like about their academic subject, try asking these questions too:

- What hobbies do you have?
- What do you like to do in your spare time?
- What clubs do you take part in and enjoy?
- If you could pick one thing to do right now, what would it be?

Discuss what options are available.

- Make a list of all options to start to create plans.
- Start to think about and research what needs to be done next for each option.
- <https://amazingapprenticeships.com>
- <https://www.notgoingtouni.co.uk>
- your school website.

Think about all the different options.

Find out what different jobs are like.

Get a feel for different roles and industries.

- Try and get some work experience. Going behind the scenes of a company can help you see what they do and rule in/ out choices.
- Speak to people you know and hear their stories.
- Do some independent research online.

