



PHYSICAL EDUCATION BTEC SPORT

at Tolworth Girls School



IF YOU CAN ANSWER YES TO ANY OF THESE QUESTIONS...

- Do you play sport or do dance outside of school regularly?
- Do you regularly go to PE Clubs after school?
- Do you go to the gym and are interested in improving your fitness?
- Do you like science?
- Do you want want to learn more about why and how people exercise?

...THEN PE WOULD BE A GOOD CHOICE FOR YOU



BTEC SPORT-THEORY & PRACTICAL

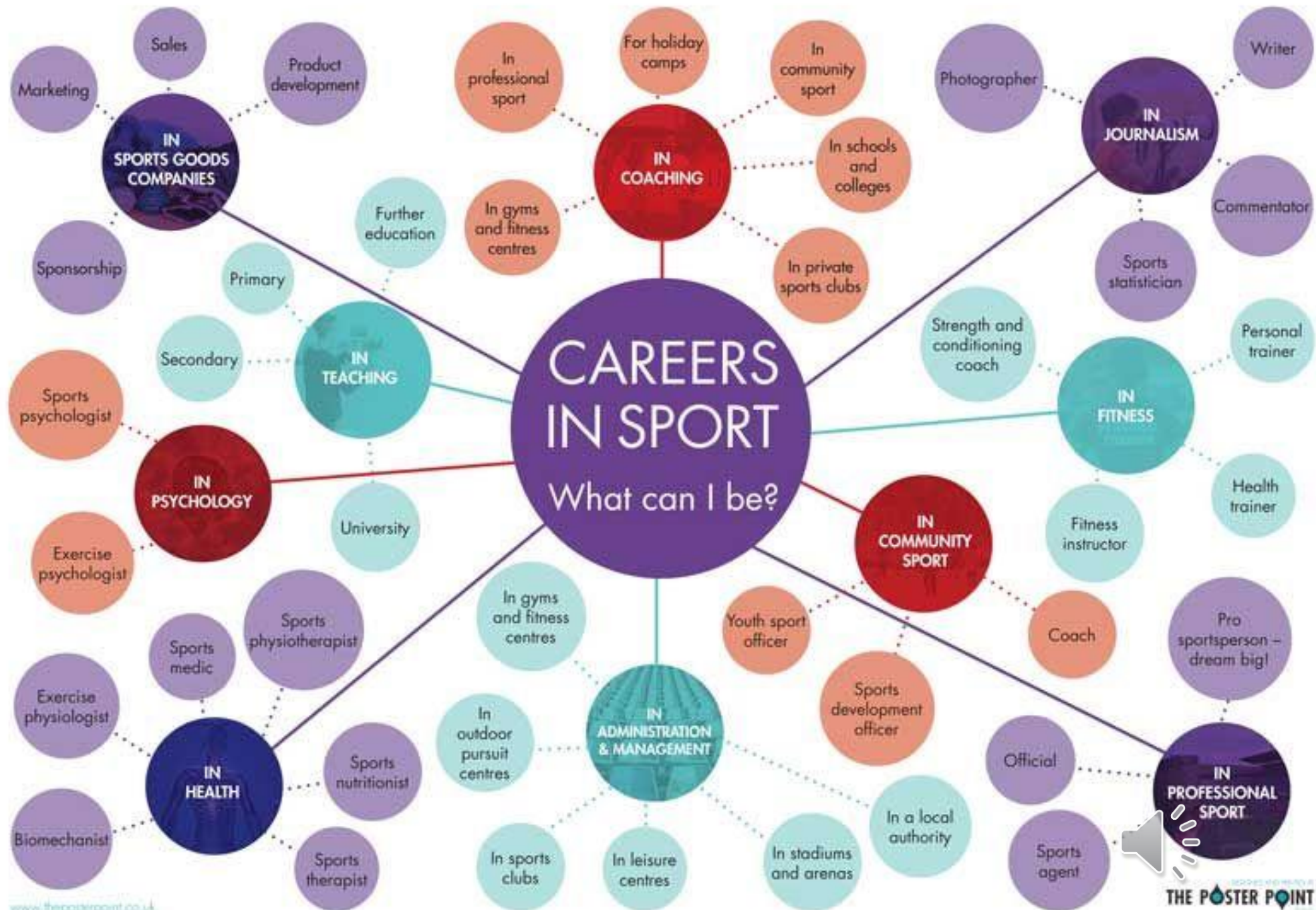
- THEORY: worth 75%
- PRACTICAL: worth 25%
- There is **MORE THEORY** than practical in BTEC Sport



WHAT WILL YOU LEARN?

- **Unit 1: Fitness for Sport and Exercise (exam)**
- **Unit 2: Practical Performance in Sport (coursework)**
- **Unit 3: Applying the principles of personal training (coursework)**
- **Unit 6: Leading Sports Activities (coursework)**





I REALLY LIKE PE BUT DON'T WANT TO TAKE IT AS AN EXAM

- You will still continue to do your 1 hour a week PE practical lessons
 - Netball
 - Badminton
 - Handball
 - Fitness
 - Rounders
 - Athletics



REMEMBER....

- If you would like to know more or unsure whether you would be a suitable candidate for GCSE PE speak to Miss Murphy or your PE teacher

