# **6<sup>th</sup> Form Preparation** work for



#### Mr Blackman





Watch and listen Mental health

TED talk about stress Summarise some of the key points highlighted in this talk.

The science of stage fright and how to overcome it

Time: 15mins



### Watch **Memory**

TED talk which discusses the reliability of memory and the impact of false memory. Reflect on the TED talk and make your own notes.

How reliable is your memory?

TED Talks - Elizabeth Loftus

Time: 40 minutes

#### Research

- What is psychology?
- What different types of psychologists are there?
- What is the difference between psychology, criminology and forensic psychology?

What is psychology?

Becoming a psychologist

Time: 1hrs





Mental health

TED talk about causes for depression and anxiety

This is why you could be depressed or anxious

Time: 20mins



#### Research **Memory**

What is Evewitness Testimony and what are the main factors that can affect it? You must pay particular attention to, and read the research study by Loftus and Palmer – this is highlighted as a link within the text. Make our own notes on the content.

**Eyewitness Testimony** Simply Psychology

Time: 1hr





### Watch and listen Mental health

TED talk about mental health Summarise some of the key points highlighted in this talk.



Time: 15mins

#### Complete Mental health

Create a mind map to summarise possible cause for mental health. You should try to include some highlighted in the different TED talks and the research from the disorders.

Time: 30mins



### Complete Memory

Produce a handout or PowerPoint detailing what evewitness testimony is, the factors that can affect the accuracy of it, and briefly outlining some of the key research.

Time: 1hr



## **Research Task** Mental health



Research the clinical characteristic (diagnostic criteria) of at least three different psychological disorders including the following – Obsessive Compulsive Disorder (OCD), Depression and Phobias. Produce a poster or PowerPoint for each disorder to explain the symptoms/ characteristics under the following headings 1) Emotional, 2) Behavioural 3) Cognitive characteristics.

Time: 2hr

#### **Complete Memory**

Quiz to see how good your Memory is. Can you remember all the finer details? Once you have completed the quiz, create a quick mindmap showing what 'memory' means to you, what can affect memory and how you think memory can be improved.

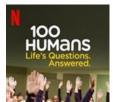
'How Good Is Your Memory?' quiz

Time: 30 minutes



Watch - extension work

If you have access to Netflix watch '100 humans'



Time: 4hr30mins for all 8 episodes