

The Young Carers' Project

Supporting young carers in the borough of Kingston



Who are YOUNG CARERS?

Children or young people, aged 5-18 years, who look after, or help to look after, someone at home who has an illness or disability.



This could be a parent, brother, sister, grandparent or another relative with:

- ★ A physical disability
- ★ Mental ill health
- ★ A learning difficulty
- ★ Alcohol/drug misuse issues

How we can help **YOU** in school:
Come along for Young Carers Lunch club.



You can find Klaire in school in **The Inclusion Block** on the following days
from
1:05pm — 1:45pm

- Wednesday 19th October
- Wednesday 16th November
- Wednesday 14th December

Klaire will provide a sandwiches and snacks for lunch!

For more info, get in touch!



Klaire Osuji

Young Carers' Support Worker

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