





The Young Carers' Project



Supporting young carers in the borough of Kingston

Who are YOUNG CARERS?

Children or young people, aged 5-18 years, who look after, or help to



look after, someone at home who has an illness or disability.

This could be a parent, brother, sister, grandparent or another relative with:

- A physical disability
- Mental ill health
- A learning difficulty
- Alcohol/drug misuse issues

How we can help **YOU** in school: Come along for Young Carers Lunch club.



You can find Klaire in school in The Inclusion Block on the following days from 1:05pm — 1:45pm

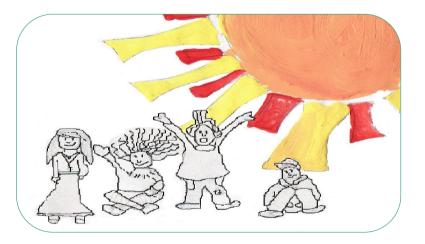
- Wednesday 19th October
- Wednesday 16th November
- Wednesday 14th December

Klaire will provide a sandwiches and snacks for

lunch!

For more info, get in touch!





Young Carers' Support Worker

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Klaire Osuji

Charity No: 1151456

Company No: 8376060



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www.instagram.com/kingstoncarersnetwork