



22 April 2024

Dear Parent/Carer

Sex and Relationships (RSE Unit)

PSHCE (Personal, Social, Health and Citizenship Education) at Tolworth Girls' School & Sixth Form (TGS) is a stand-alone lesson on a Thursday. We find this structure to lessons allows us to ensure we are not only teaching the students valuable and worthwhile lessons, but also allowing the time to discuss the topics in more depth. Our curriculum intent and maps have been developed and refined throughout the last two years and they are all available on the school website.

Starting next week, Year 7 will be taking part in Relationship and Sex Education (RSE) as part of our PSHCE curriculum. The purpose of RSE at TGS is to prepare our students for the physical and emotional changes of growing up. We believe this programme gives students the knowledge and skills to make informed and healthy choices as well as to build their confidence and skills to deal with situations they may encounter. More importantly, this programme helps them to stay safe and know where and how to ask for help if needed.

As always, we would like to thank you for your continued support of our PSHCE curriculum. If you would like to discuss any aspect of this, please feel free to speak with your daughter's Form Tutor, Head of Year, myself or Ms Thornley, Deputy Head/Head of Lower School.

Yours faithfully

Miss A Durcan
PSHCE Coordinator