



18 January 2022

## COVID-19 Guidance Update

Dear Parent/Carer

Please see below updated guidance regarding self-isolation advice for household contacts of a COVID-19 case: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

For the students who are in school (under 18 years and 6 months), the following applies even if they are unvaccinated.

Anyone who has symptoms even if they are mild, should self-isolate immediately and take a PCR test. Please see [our Kingston testing web pages](#) for further details.

### Contact tracing and self-isolation requirements:

Adults who are fully vaccinated and all children and young people aged between 5 and 18 years and 6 months identified as a contact of someone with COVID-19 are strongly advised to take a Lateral Flow Test every day for 7 days and continue to attend their setting as normal, unless they have a positive test result.

### Daily testing of close contacts applies to all contacts who are:

- Fully vaccinated adults - people who have had 2 doses of an approved vaccine
- All children and young people aged 5 to 18 years and 6 months, regardless of their vaccination status
- People who are not able to get vaccinated for medical reasons
- People taking part, or have taken part, in an approved clinical trial for a COVID-19 vaccine

Children under 5 years are exempt from self-isolation and do not need to take part in daily testing of close contacts but are advised to minimise contact with anyone at high risk of severe illness if they were to contract COVID-19, and take a PCR test as soon as possible. They can attend their setting whilst awaiting the result if they are asymptomatic.

### Positive COVID-19 PCR test - new possible action:

[New guidance](#) advises that when an individual has tested positive on PCR or Lateral Flow Test, they can take a Lateral Flow Test on day 5 and again on day 6 of their self-isolation. The tests must be taken at least 24 hours apart and if both test results are negative and they do not have a fever, they can return to work/school. This guidance applies to staff, children and young people who attend an educational or childcare setting. If a student/staff member is still unwell, day 5 and 6 testing may not be appropriate. If the day 5 or 6 tests are positive, they can test on day 8, 9 and 10 at home and when they have had 2 negative tests 24 hours apart, they can return, only if they are without a fever. The Lateral Flow Test results should be [registered](#) on the government website.

Yours faithfully

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