

Quarantine Appreciations

During the Coronavirus pandemic, we have all had our lives put on hold. Many of the things we took for granted had to close, shops, cafes, parks... now as lockdown is easing we are returning to some normality... but all of the things we used to take for granted, will this new change make you appreciate them more?

Thinking about all of the things we take for granted:

- List **5** different things you have **appreciated** more in lockdown
- List **5** things you are **going to do differently or more of** once lockdown is eased

The World we now live in has changed... but will you change the way you appreciate things more?

5 things...

I have appreciated

I am going to do differently or more of

1

1

2

2

3

3

4

4

5

5